

Youth and Teen Center (ages 6-15)

The Youth and Teen Center is a supervised area which includes a fitness arcade, 16-station computer lab and game (pool, foosball, etc.) area. Programming for the Youth and Teen Center is overseen by a youth advisory board. Free for YMCA members.

Hours:

M-F 4:00 pm - 8:00 pm
Sat 8:30 am - 10:30 am

Wenatchee & Eastmont School District Early Release Days:

M-F 2:00 pm - 8:00 pm

Enrichment/Computer Lab:

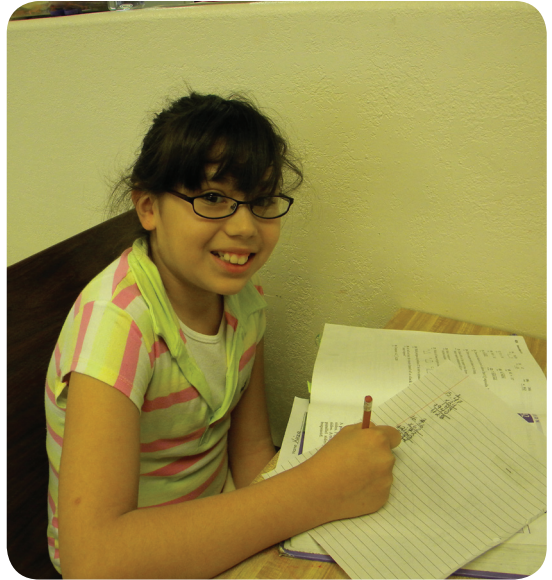
M-Th 5:00 pm - 7:00 pm

Science Activity Time

T 4:30 pm - 5:00 pm

Arts & Crafts Time

Th 4:30 pm - 5:00 pm



Youth Advisory Board (Grades 6-8)

If you would like to assist with planning and programming for the Youth & Teen Center, be a part of the Youth Advisory Board. Contact a Youth & Teen Center staff person for details.

Babysitting (Crawling to 6 years)

M - F 8:30 am - 1:00 pm
M - Th 4:00 pm - 8:00 pm
F 4:00 pm - 7:00 pm
Sat 8:30 am - 11:00 am

Fee is \$2.00 per hour per child for healthy children while their parents are in the YMCA facility.

After School Program (Ages 6-12)

Activities include homework help, nutritious snacks, and physical and educational activities. Children will be released to the Youth & Teen Center at 4:00 pm. (This is not a state licensed program.)

M-F 2:30 pm - 4:00 pm (school days)
Members - \$5.00 per visit or \$90 for 20 visit punch card
Non-members - \$9.00 per visit
Early School Release Days (Wenatchee & Eastmont S.D. only)
11:30 am - 4:00 pm
Members: \$10.00 per visit or double punch on punch card
Non-members: \$14.00 per visit

Early School Release Days:

Wenatchee School District: March 2, June 16
Eastmont School District: January 14, February 18, June 10

Youth Open Swim Times:

Wenatchee

M, W, F 4:00 pm - 4:45 pm

Eastmont YMCA Aquatic Center

T, Th, F 6:30 pm - 7:30 pm

Sat. 1:00 pm - 2:30 pm

Swimmer Identification Procedures

The YMCA is committed to the safety of our participants. All youth participants wishing to move outside the designated shallow end of the pool must take a swim test. Those passing the swim test will be given a green bracelet and may swim outside the designated shallow area. Those who do not pass the test or do not wish to take the test must stay in the designated shallow area. A parent may take one of their non-swimmer children out of the designated shallow area provided that continuous physical contact is maintained. Upon entering EYAC or the pool area at the YMCA, youth participants whose previous satisfactory completion of a swim test can be confirmed will be given a green bracelet. Participants are requested to return their bracelets when they are done swimming. The YMCA appreciates your support of our safety efforts.

Uplift (Ages 13 - 16)

UPLIFT is a strength-training course in which educational and practical components related to Nautilus, free weights, and cardiovascular equipment will be taught. Upon successful completion, participants may participate in adult programs without direct parental supervision. (One week sessions)

January 10 - 14

February 7 - 11

March 7 - 11

April 11 - 15

May 16 - 20

M - F 3:30 pm - 5:30 pm

\$35 for YMCA members only

Saturday Birthday Program

The YMCA has birthday party options available at the Wenatchee facility and Eastmont YMCA Aquatic Center. Each option includes a birthday host, party favors, birthday treats, vegetable tray, and lots of fun for young guests.

Options: •Climbing Wall •Youth & Teen Center •Sportwall •Swimming (participants must be 6 years or older)

We are pleased to offer healthy food options for your party upon request. All parties require advance registration and full payment at the time of registration.

For specific details, please contact the Membership Services Desk.

Gym Activity (ages 6-15)

The YMCA is pleased to offer exciting forms of recreation for youth. All youth must have a Climbing Wall/Sportwall Release signed by a parent prior to participation. All activities are free with membership.

- **Climbing Wall:** Supervised, auto-belay climbing technology with over 750 square feet to conquer. Equipment provided.
- **Sportwall:** An interactive fitness technology that allows individual reactive time training or group relay activities.
- **Open Gym:** Open area in gym for free-time activities like basketball.

Climbing Wall, Sportwall, Open Gym

M, W, F	4:00 pm - 5:00 pm
Sat	10:30 am - 11:30 am

Open Gym

Tu, Th	4:00 pm - 4:30 pm
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Holiday Program (Grades K-5)

Available during Wenatchee / East Wenatchee non-school days. Activities include swimming, small and large group games, arts & crafts and a snack. Participants must bring a lunch, swimsuit, and towel. Check in: 7:30 - 8:30 am \$19.00 per day for members; \$29.00 per day for non-members

Early registration is recommended.

Wenatchee School District:

January 17

January 28

February 18

February 21

April 1, 4-8

May 6

June 17

Eastmont School District:

January 17

February 21

March 31

April 1, 4-8



Financial Assistance is available for youth membership and program fees.

Summer Adventure Club (Entering Grades 1-5 in the Fall 2011)

Come join the fun and excitement of the Wenatchee Valley YMCA's Summer Adventure Club. Each week is packed with exciting activities like Chelan Slidewaters, nature hikes, trips to local parks and climbing wall activities. Participants will also receive two free swimming lessons each week as part of the program. Children learn to cooperate by participating in both small and large group activities. Trained staff help each child grow as an individual through character development activities. Adventure Club Plus allows youth in grades 4-5 leadership opportunities and special activities designed especially for their age group. Parent convenience and safety are top priorities. Children may be signed in as early as 7:30 am and signed out between 4:45 and 6:00 pm at the YMCA.

Summer Adventure Club (Entering Grades 1-5 in the fall of 2011)

Session	Dates	Theme	Member	Non-Member
AC 1	6/13-17**	Summer Fun	\$132	\$152
AC2	6/20-24	Start Your Engines	\$132	\$152
AC3	6/27-7/1	Glitz and Glam	\$132	\$152
AC4	7/5-8	Swing Time*	\$112	\$132
AC5	7/11-15	Messy Muck	\$132	\$152
AC6	7/18-22	Make Me a Star	\$132	\$152
AC7	7/25-29	Who Am I?	\$132	\$152
AC8	8/1-5	Bug-O-Vision	\$132	\$152
AC9	8/8-12	Let's Go Fly a Kite?	\$132	\$152
AC10	8/15-19	Amazing Knights	\$132	\$152
AC11	8/22-26	Lunar Landing*	\$132	\$152

*Family night to be held at Washington Park from 5:15-7:00pm on Thursday evening. **Eastmont S.D. only, Wenatchee S.D. still in session

T-WAVE (Entering Grades 6-8 in the Fall 2011)

Session	Dates	Member	Non-Member
TW1	6/20-24	\$172	\$192
TW2	6/27-7/1	\$172	\$192
TW3	7/11-15	\$172	\$192
TW4	7/18-22	\$172	\$192
TW5	7/25-29	\$172	\$192
TW6	8/1-5 (Seattle)	\$242	\$262
TW7	8/8-12	\$172	\$192
TW8	8/15-19 (Spokane)	\$242	\$262



Teen Silverwood Trip (Entering Grades 6-8 in the Fall 2011)

Session	Dates	Theme	Member	Non-Member
Silverwood	7/5-7/8	Silverwood Trip	\$352	\$372

YMCA Camp programs are challenging, fun, age appropriate, and help campers to grow in Spirit, Mind, and Body. YMCA Camp staff are dedicated to providing a safe and wholesome environment for each camper and undergo extensive training prior to the camp season. Campers will take part in a week long, traditional camping experience in a beautiful natural setting on the north shore of Lake Wenatchee. Activities include campfires, cookouts, hiking, canoeing, kayaking, archery, and arts and crafts. Older campers can take part in overnight hiking, kayaking, or horseback trail riding experiences, and the very youngest campers can attend special half-week sessions designed just for them. A leadership development program is also available.

Session 1: July 10-15, 2011

	Dates	Member	Non-Member
Mini Camp (Entering grades 1-3 in Fall 2011)	7/10-13	\$189	\$209
Discovery Camp (Entering grades 3-5 in Fall 2011)	7/10-15	\$329	\$349
Discovery Raft Camp (Entering grades 3-5 in Fall 2011)	7/10-15	\$449	\$469
GIRLS Discovery Horse Camp (Entering grades 4-5 in Fall 2011)	7/10-15	\$449	\$469
Explorer Camp (Entering grades 6-8 in Fall 2011)	7/10-15	\$329	\$349

Session 2: July 17-22, 2011

Mini Camp (Entering grades 1-3 in Fall 2011)	7/17-20	\$189	\$209
Discovery Camp (Entering grades 3-5 in Fall 2011)	7/17-22	\$329	\$349
Discovery Raft Camp (Entering grades 3-5 in Fall 2011)	7/17-22	\$449	\$469
BOYS Discovery Horse Camp (Entering grades 4-5 in Fall 2011)	7/17-22	\$449	\$469
Explorer Camp (Entering grades 6-8 in Fall 2011)	7/17-22	\$329	\$349
GIRLS Explorer HIKE Camp (Entering grades 6-8 in Fall 2011)	7/17-22	\$449	\$469

Session 3: July 24-29, 2011

Mini Camp (Entering grades 1-3 in Fall 2011)	7/24-29	\$189	\$209
Discovery Camp (Entering grades 3-5 in Fall 2011)	7/24-29	\$329	\$349
Discovery Horse Camp (Entering grades 4-5 in Fall 2011)	7/24-29	\$449	\$469
Explorer Camp (Entering grades 6-8 in Fall 2011)	7/24-29	\$329	\$349
BOYS Explorer HIKE Camp (Entering grades 6-8 in Fall 2011)	7/24-29	\$449	\$469

Session 4: July 31-August 5, 2011

Mini Camp (Entering grades 1-3 in Fall 2011)	7/31-8/3	\$189	\$209
Discovery Camp (Entering grades 3-5 in Fall 2011)	7/31-8/5	\$329	\$349
GIRLS Discovery Horse Camp (Entering grades 4-5 in Fall 2011)	7/31-8/5	\$449	\$469
BOYS Explorer Fishing Camp (Entering grades 6-8 in Fall 2011)	7/31-8/5	\$449	\$469
BOYS Explorer HIKE Camp (Entering grades 6-8 in Fall 2011)	7/31-8/5	\$449	\$469
Leadership Development Program (Entering grades 9-10 in Fall 2011)	7/31-8/5 & 8/7-12	\$649	\$669

Session 5: August 7-12, 2011

Mini Camp (Entering grades 1-3 in Fall 2011)	8/7-10	\$189	\$209
Discovery Camp (Entering grades 3-5 in Fall 2011)	8/7-12	\$329	\$349
Discovery Art Camp (Entering grades 3-5 in Fall 2011)	8/7-12	\$449	\$469
Explorer Horse Camp (Entering grades 6-8 in Fall 2011)	8/7-12	\$449	\$469

Register on-line at www.lwycamp.org