

HEALTHY LIVING

Improving Community Health and Well-being



FAMILY TIME

EYAC Youth & Family Swim

Youth and Family Swims are available at the Eastmont YMCA Aquatic Center at a variety of times each week. Please see the current Youth Aquatic Schedule at www.wenymca.org and at the Membership Services Desk for the current Youth and Family Swim schedule.

Lake Wenatchee YMCA Camp Family Camp

Come to the Lake Wenatchee YMCA Camp Labor Day and Memorial Day Weekends for some old fashioned quality family time. The price includes a rustic cabin that sleeps up to eight people, meals, seasonal programming and family campfire activities. Leave the cooking and the dishes to us and enjoy a relaxing family weekend at the Lake Wenatchee YMCA Camp. Register online at www.lwycamp.org.

YMCA Family Programs

The YMCA has a variety of opportunities for parents and their children to participate together: Family Gym Activity, Family Swim, Family Youth and Teen Center, Parent/Child Movement Education, and Parent/Child Water Enrichment. Please see the current Youth Program Schedule at www.wenymca.org and at the Membership Services Desk for the current schedule of family programs.

