



FOR YOUTH DEVELOPMENT<sup>®</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BELONGING BEGINS HERE

## 2024 Membership

Questions?

Membership Services

[membership@wenymca.org](mailto:membership@wenymca.org)

Wenatchee Valley YMCA

217 Orondo Ave

Wenatchee, WA 98801

509-662-2109 / [wenymca.org](http://wenymca.org)

## **Everyone Belongs at the YMCA**

All people are welcome to participate in Y programs and use Y facilities as members regardless of race, ability, religion, gender, national origin, sexual orientation or income. Whether for one day, or for a lifetime, the Y wants to engage as many people as possible in youth development, healthy living and social responsibility. As a non-profit, 501(c) 3 membership organization, the Y offers different avenues for member involvement.

### **Hours of Operation\*:**

Monday - Thursday 5:00 am - 10:00 pm

Friday 5:00 am - 9:00 pm

Saturday 7:00 am - 5:00 pm

Sunday CLOSED

*(All program areas and business transactions close 15 minutes prior to the facility closure)*

\*CLOSED for current holidays: New Year's Day, Easter, Apple Blossom Parade Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and Christmas

-The Steam Room is closed at 2 pm on Wednesdays for maintenance

### **Membership Fees** (Fees subject to change)

	<b>Monthly Draft</b>	<b>Annual Billing</b>	<b>Joining Fee**</b>
Youth (0-5 <sup>th</sup> grade)	-	\$170.00	-
Young Adult (6 <sup>th</sup> grade- age 24)	\$27.00	\$324.00	-
Adult (25-64)	\$61.00	\$671.00	\$50.00
Senior (65+)	\$61.00	\$671.00	\$25.00
Diamond Club (80+)	-	\$170.00	\$25.00
Family/Household*	\$90.00	\$1000.00	\$50.00
YMCA 360 (Virtual Only Membership)	\$10.00	\$120.00	-

\*Family / Household includes two adults, 25 years of age or older, and all under the age of 24 living in the same household. An additional adult may be added to a Family / Household membership for \$28.00 per month.

\*\*Joining Fees must be paid each time a member joins or rejoins.

### **Benefits**

Y Members have complimentary access to Group Exercise Classes \*Aqua Exercise Classes \* Fitness Center with Orientation \*A FREE Personal Training Consultation \*Reduced Program Fees \*Advanced Program Registration \*YMCA 360 \* Unlimited Guest Passes \*Nationwide Membership with other YMCAs across the country for qualifying memberships \*Free Child Watch and Kid Zone with Household Memberships. Participate in the cause of Strengthening the Foundation of Community.

### **Membership Added Value** (Options subject to change)

We are excited to offer our Y members additional benefits in our community. Simply stop by membership services to obtain an active membership verification card once a month. Present this card to the following businesses and receive the following discounts: \*10% off Godfather's Pizza on Mondays

### **Health Plan Memberships**

The Y partners with several health insurance benefit programs including Health Alliance, Silver&Fit, Active&Fit, FitOn and Renew Active. Check with your insurance to see if you qualify.

### **Short Term Memberships** (Fees subject to change)

- Youth (ages 0-12) \$3.00/day • Young Adult (ages 13-24) \$8.00/day • Adult (25+) \$15.00/day
- \*Up to three adult daily fees may be applied to a joining fee, if requested within thirty days of the first daily fee. Adults 18 and over must show a government issued ID.
- \$80.00 for Adult thirty days (no limit on renewals) • \$37.00 for Young Adult thirty days (no limit on renewals)

### **Nationwide Membership**

Many Ys participate in a Nationwide Membership. As a full paying member, bring your valid Y Membership ID Card along with photo ID to any Y that you may be visiting.

### **YMCA 360**

At the Y, we're committed to helping you live a healthier, stronger life. That's why we've partnered with YMCA360 to provide our members with a 360-degree seamless Y experience. No matter where you are, you can connect with our Y community to access the best in online fitness classes, youth sports skills, and healthy living resources. YMCA360 brings your membership full-circle. All Wenatchee Valley YMCA members enjoy an exclusive collection of on-demand and livestream classes online, PLUS the benefits of belonging to the Y.

Access to YMCA360 is **included** with every membership at no additional charge **or** only \$10 per month with a Virtual Membership!

### **Financial Assistance**

Thanks to generous donors, no child is ever denied YMCA participation because of inability to pay. Youth/Young Adults Scholarship applications are available at Membership Services and at [www.wenymca.org](http://www.wenymca.org). Young adult scholarships are available through the age of 18.

The Wenatchee Valley YMCA offers **Income Based Pricing** for low-income young adults, adults, seniors and families who cannot afford the full cost of a Y membership. We use a sliding fee scale based on total household income and the number of household members. We require supporting documentation to verify household size and income, and we consider special circumstances when providing assistance. Recipients are expected to be responsible for a percentage of the membership cost. Qualification for YMCA financial assistance for membership is reviewed annually. More information is available at Membership Services.

### **The Y's Facilities**

#### **Wenatchee Facility**

Our full-service facility located on the corner of Chelan and Orondo avenues, offers an array of cardio equipment, circuit, functional and free weight fitness areas, a swimming pool, locker rooms, a gymnasium, group exercise area, boulder wall and three racquetball courts. The facility also features a babysitting area and a youth & teen center with a game room, fitness arcade and learning enrichment center.

#### **Lake Wenatchee YMCA Camp**

The Camp was purchased in 1928 and sits on 26 acres on the north shore of Lake Wenatchee. This beautiful setting provides enrichment programs for children, adults and families in three seasons. Our Camp Lodge, Outdoor Education Center, seventeen cabins, several program support facilities and water recreation is the perfect place to build memories. Non-profit groups may obtain rental information by calling Camp at 509-763-9622 or online [www.lwycamp.org](http://www.lwycamp.org).

## **Program Information**

Current pool and group exercise information are available at the Membership Services Desks in Wenatchee. Updated information is posted at [www.wenymca.org](http://www.wenymca.org) and members may wish to receive special notifications on Facebook. Participants are urged to request assistance in determining programs and classes appropriate to their skill, interest, and availability as program and class fees are generally not transferable or refundable.

## **Guest Policy**

Young Adult, Adult and Household memberships receive unlimited guest passes. Each guest you bring can visit us up to two times for no cost at the Y facility in Wenatchee. After two free visits, the guest will be encouraged to join the Y. Returning guests will have the option to continue to visit by paying a day membership fee. Guests will be asked to complete a guest form and present a government issued photo ID when visiting our facility. Check in at Membership Services is required each visit. Guests under the age of 16 require direct supervision from an adult family member. Members are responsible for their guests.

## **YMCA Code of Conduct**

Everyone using the YMCA is expected to behave in a mature and responsible way to respect the rights and dignity of others. The YMCA insists that individuals using our facilities demonstrate caring, responsible, respectful and honest behavior. Our code of conduct does not permit profane language or actions that can hurt or frighten another person. Any inappropriate behavior, including but not limited to, aggressive or threatening behavior, sexual harassment, inappropriate language or any inappropriate sexual activity will result in suspension or termination of membership. Behavior contrary to the mission of the YMCA will not be tolerated.

## **Member Dress Code**

For the comfort and protection of everyone, participants are encouraged to wear clean, dry workout attire including closed toed athletic shoes. There is a degree of modesty associated with several circuit machines and participants are asked to choose attire that will not reveal undergarments or inappropriate areas of the body to others.

- Choose a lightweight shirt that covers the chest and mid-drift.
- Pants need to be flexible to be able to perform a full range of motion without being compromised.
- Choose shorts that fit well and do not ride up or down. Shorts should be at least three inches long (inseam). If you wear shorts, inspect yourself from all angles in a mirror before you use the Wellness Center equipment or take part in gym workouts. Keep in mind that people may be able to see up the leg of your shorts when you're using certain equipment, like the leg press, or performing a yoga move.
- Political, lewd, or offensive messaging on clothing undermines the Y's welcoming message and will not be permitted.
- Closed-toed athletic shoes must be worn at all times in Wellness Center and rubber based shoes are required in the gyms and sports courts.
- Bathing suits must be modest, stay in place, and should not reveal inappropriate/private areas of the body. No thongs nor string bikinis. Water shoes are recommended.

**We reserve the right to ask guests to adjust, change such clothing that does not reflect this policy, or may be asked to leave**